# A Review on Dreamers

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#### Abstract

In recent years, reinforcement learning has witnessed substantial progress in domains such as robotics and Atari game-playing. However, RL algorithms face challenges in terms of sample efficiency and exploration in complex and high-dimensional environments. Model-Based Reinforcement Learning represents a promising approach to address these challenges and enhance the efficiency and performance of RL algorithms.

### 1 Introduction

Usually, deep reinforcement learning algorithms demand a substantial number of training samples, leading to a considerably higher degree of sample complexity. In the context of RL tasks, sample inefficiency for a given algorithm quantifies the volume of samples needed to learn an approximately optimal policy. In contrast to supervised learning, which relies on historical labeled data for training, conventional RL algorithms rely on interaction data generated by executing the most up-to-date policy within the environment. Consequently, recent research in the realm of deep reinforcement learning has placed significant emphasis on enhancing sample efficiency [1].

In recent years, a series of papers known as Dreamers has been introduced, which are modelbased RL agents that learn long-horizon behaviors from images solely through latent imagination. We begin by introducing the core concepts of DreamerV1, and we delve into DreamerV2 and DreamerV3, as well as other works based on Dreamer from other research groups, such as DreamerPro.

### 2 DreamerV1

The learning algorithm of DreamerV1 [2] is divided into two main parts: in the first one, the agent learns the latent dynamic model from the dataset of past experience to understand the environment's dynamics, and in the second part, it learns the actor and critic models solely by envisioning the trajectories. In the end, the agent employs the learned action model to interact with the environment to gather more data for the first part.

#### 2.1 Dynamics Learning

Dreamer learns a latent dynamics model comprising a representation model, a transition model, an observation model, and a reward model. Firstly, the representation model encodes the observation to generate state  $s_t$ . Moreover, the transition model, which predicts ahead in the latent space, predicts future states solely by imagining the future, without interacting with the environment. The reward model predicts rewards based on the states, and the observation model attempts to reconstruct the input observation to enhance representation learning.



Representation Model

Figure 1: Dynamic learning in DreamerV1.

Representation Model:	$p_{\theta}(s_t   s_{t-1}, a_{t-1}, o_t)$
Observation Model:	$q_{\theta}(o_t s_t)$
Reward Model:	$q_{\theta}(r_t s_t)$
Transition Model:	$q_{\theta}(s_t   s_{t-1}, a_{t-1})$

Initially, the dataset D is randomly initialized with random episodes. DreamerV1 learns latent dynamics by reconstructing input observations, which is beneficial when the dataset is finite or rewards are sparse. At each dynamics learning step, a batch of data is sampled from the dataset  $\mathcal{D}$ , and the latent states are computed. Finally, to optimize the model's parameters, the following loss function is utilized:

$$\mathcal{L}_{rec} = \mathcal{L}_{O}^{t} + \mathcal{L}_{R}^{t} + \mathcal{L}_{D}^{t} 
\mathcal{L}_{O}^{t} = \ln q(o_{t}|s_{t}) 
\mathcal{L}_{R}^{t} = \ln q(r_{t}|s_{t}) 
\mathcal{L}_{D}^{t} = -\beta K L (p(s_{t}|s_{t-1}, a_{t-1}, o_{t}) || q(s_{t}|s_{t-1}, a_{t-1}))$$
(1)

#### 2.2 Behavior Learning

After the dynamic learning phase, the subsequent step involves learning the actor and critic using the acquired world model. The aim is to employ the model to "dream" the outcomes of actions without additional interactions with the environment. The process of simulation commences with a real observation, from which the latent state is derived using the representation model. This simulation continues for a finite horizon, and at each step, the agent selects an action based on the actor and computes the next latent state using the world model.

The process of behavior learning is depicted in Figure 2. As can be observed, the transition



Figure 2: Behavior learning in DreamerV1.



Figure 3: Complete process of DreamerV1, image from [2].

model is used in place of the representation model because the observations are not accessible during this phase.

DreamerV1 employs an actor-critic approach to learn behaviors. For that, it learns an action model and a value model within the latent space of the world model. The action model implements the policy and aims to predict actions that address the imagined environment, while the value model estimates the imagined return achieved from each state. The action and value models are trained cooperatively, following the typical policy iteration approach. The action model aims to maximize an estimate of the value, while the value model regresses towards the estimated value.

DreamerV1 utilizes  $\lambda$ -return as its update target to balance bias and variance. As mentioned in [3], a valid update can be made not only towards any *n*-step return but also towards any average of *n*-step returns.  $\lambda$ -return is an exponentially weighted average of *n*-step returns, defined in DreamerV1 as follows:

$$V_N^k(s_\tau) \doteq \mathbb{E}_{q_{\theta},q_{\phi}} \Big( \sum_{n=\tau}^{h-1} \gamma^{n-\tau} r_n + \gamma^{h-\tau} v_{\psi}(s_h) \Big), \quad \text{where} \quad h = \min(\tau + k, t + H),$$

$$V_{\lambda}(s_\tau) \doteq (1-\lambda) \sum_{n=1}^{H-1} \lambda^{n-1} V_N^n(s_\tau) + \lambda^{H-1} V_N^H(s_\tau)$$

$$(2)$$

Algorithm 1 DreamerV1	
Initialize dataset $\mathcal{D}$ with $S$ random seed episodes	
Initialize network parameters $\theta, \phi, \psi$ .	
while not converged do	
for update step $c = 1C$ do	
Draw B transitions $\{(a_t, o_t, r_t)\}_{t=k}^{k+L} \sim \mathcal{D}.$	$\triangleright$ Dynamics Learning
Compute model states $s_t \sim p_{\theta}(s_t   s_{t-1, a_{t-1}, o_t})$ .	
Update $\theta$ using Equation 1.	
Imagine trajectories $\{s_{\tau}, a_{\tau}\}_{\tau=t}^{t+H}$ from each $s_t$ .	▷ Behavior Learning
Predict rewards $\mathbb{E}(q_{\theta}(r_{\tau} s_{\tau}))$ and values $v_{\psi}(s_{\tau})$ .	-
Compute value estimates $V_{\lambda}(s_{\tau})$ using Equation 2.	
Update $\phi \leftarrow \phi + \alpha \nabla_{\phi} \sum_{\tau=t}^{t+H} V_{\lambda}(s_{\tau}).$	
Update $\psi \leftarrow \psi - \alpha \nabla_{\psi} \sum_{\tau t}^{t+H} \frac{1}{2}   v_{\psi}(s_{\tau} - V_{\lambda}(s_{\tau}))  ^2$	
end for	
$o_1 \leftarrow \text{env.reset}()$	$\triangleright$ Environment Interaction
for time step $t = 1T do$	
Compute $s_t \sim p_{\theta}(s_t   s_{t-1}, a_{t-1}, o_t)$ from history.	
Compute $a_t \sim q_{\phi}(a_t s_t)$ with the action model.	
Add exploration noise to action.	
$r_t, o_{t+1} \leftarrow \text{env.step}(a_t).$	
end for	
Add trajectory to dataset $\mathcal{D} \leftarrow \mathcal{D} \cup \{(o_t, a_t, r_t)\}_{t=1}^T$ .	
end while	



Figure 4: Image from official DreamerV2 blog, Gaussian and Categorical latent dynamics.

### 3 DreamerV2

DreamerV2 [4] builds upon the same model utilized in DreamerV1. During the training process, an encoder transforms each image into a representation that becomes integrated into the recurrent state of the world model. These representations lack access to perfect information about the images and instead focus on extracting only the essential elements needed for making predictions, thereby enhancing the agent's resilience to unseen images. Subsequently, a decoder attempts to reconstruct the corresponding image, facilitating the acquisition of general representations. However, DreamerV2 applies new techniques to enhance the model's learning, which we will introduce in this section.

### 3.1 Categorical Variables

The first technique involves representing each image using categorical variables, as opposed to the Gaussian variables employed in DreamerV1. In this approach, the encoder transforms each image into 32 distributions, each consisting of 32 classes, the meanings of which are automatically determined as the world model learns. The one-hot vectors, drawn from these



Figure 5: Image from [4], World model learning in DreamerV2.

distributions, are then concatenated to create a sparse representation that is subsequently passed on to the recurrent state [4]. In contrast, earlier world models employing Gaussian predictors struggle to accurately capture the distribution over multiple Gaussian representations for the possible next images.

#### 3.2 KL Balancing

DreamerV2 employs a loss function somewhat similar to DreamerV1. Nevertheless, it incorporates a technique known as KL balancing, which is applied to the KL loss term. The KL loss serves a dual role: it guides the prior towards the representations, while also imposing regularization on the representations in the direction of the prior. However, it is desired to prevent regularization towards an inadequately trained prior. DreamerV2 addresses this challenge by minimizing the KL loss more aggressively with respect to the prior compared to the representations, accomplished through the use of distinct learning rates.

Other changes have been implemented in DreamerV2, but the two mentioned above are the most significant. Nevertheless, for a comprehensive overview of these alterations, please refer to the appendix of the paper [4].

## References

- [1] F.-M. Luo, T. Xu, H. Lai, X.-H. Chen, W. Zhang, and Y. Yu, "A survey on model-based reinforcement learning," *arXiv preprint arXiv:2206.09328*, 2022.
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